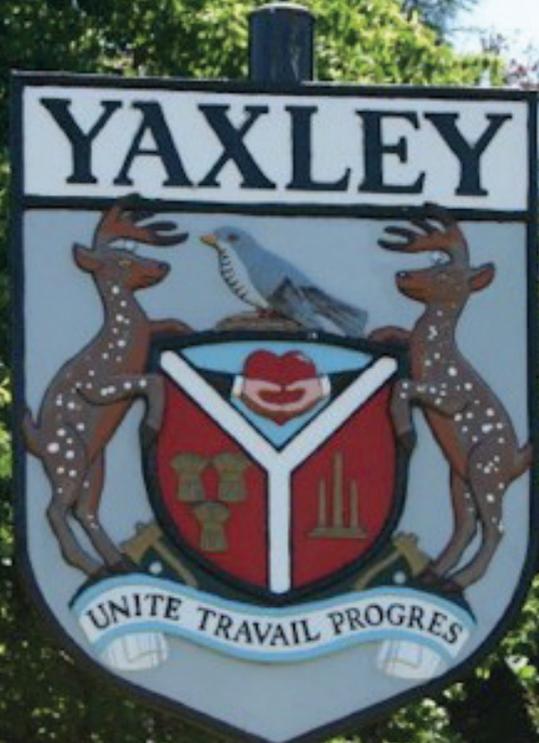


Yaxley Health Walks



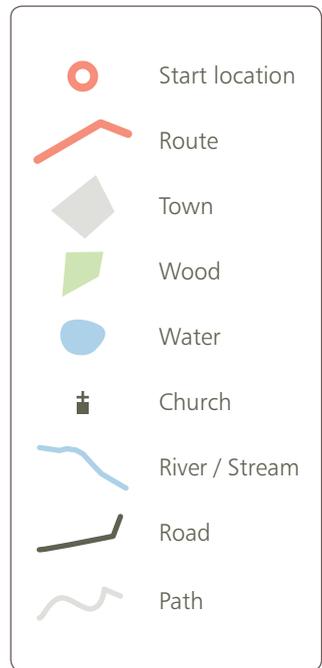
Walks Key

ORANGE Moderate walks last 30 to 60 minutes over 2 to 3 miles Mixture of pathways and grass tracks. May include stiles or kissing gates. Not suitable for wheelchairs or buggies.

RED Advanced walks last 60 to 90 minutes over 3 to 4 miles. Mixture of pathways and grass tracks. May include stiles or kissing gates. Not suitable for new walkers, wheelchairs or buggies.

GREEN/ORANGE Moderate walks. These are moderate walks with the option of a shorter easier route if desired. Mixture of pathways and grass tracks. May include stiles or kissing gates. Not suitable for wheelchairs or buggies.

GREEN/RED Advanced walks. These are advanced walks with the option of a shorter easier route if desired. Mixture of pathways and grass tracks. May include stiles or kissing gates. Not suitable for wheelchairs or buggies.



If you have any comments regarding the route (e.g. overgrown paths, obstructions, etc.) please contact the Sports Development Officer on 01480 387047 or email activelifestyles@huntingdonshire.gov.uk

Before commencing a fitness programme, check with your doctor first if you are unfit, sedentary, overweight, obese, pregnant, or have any medical problem, diagnosed or otherwise, that may affect your ability to exercise such as: heart trouble, high blood pressure, diabetes, chest pain, especially when exerting yourself, feeling faint or dizzy spells, or any other medical condition which limits your ability to exercise.

We hope you obtain considerable enjoyment from these walks. At the time of preparation of the maps all routes follow rights of way or permitted paths, but diversion orders can be made and permissions withdrawn. Whilst every care has been taken to ensure the accuracy of the route description, HDC cannot accept responsibility for errors or omissions, or for changes in the details given. The countryside is not fixed. Hedges, footpaths and fences can be moved and redirected. Paths described may be pleasant for walking in fine weather but can become slippery, boggy and dangerous in wet and wintry weather. Wet weather can also cause some streams and rivers to become impassable. On days where visibility is impaired by cloud, mist, rain or fog, some landmarks used as direction aids in the route material may not be visible. Please note that all walks are undertaken at your own risk and HDC accept no responsibility or liability for any loss or injury.

Route Instructions

Hazard

- | | | |
|-----|---|----------------------|
| 1. | Turn right from the library onto the path between the Yaxley Group Practice and the library. Continue straight on through the park and turn left onto Middletons Road. | |
| 2. | Cross the road and follow round the bend for approximately 500 yards until it becomes Main Street. Cross the street and turn left into Askews Lane. | Traffic |
| 3. | Continue on the lane until reaching the fields and then turn left onto the old concrete road. | Uneven ground |
| 4. | Continue straight along the road and grass track towards the footbridge. | |
| 5. | Cross the footbridge, turn left and keep to the edge of the field. | |
| 6. | At the fence re-join the footpath to your right and follow out onto Main Street. | |
| 7. | Cross this road and turn right. Continue past Duck and Drake Pub. | Traffic |
| 8. | Cross Windsor Road and several smaller roads until you reach Hillside Walk and turn left. | Traffic |
| 9. | Follow the footpath up the hill keeping left at any junctions and turn left into Lancaster Way. At the end turn left, cross Windsor Road and take the public footpath that is signposted. | |
| 10. | Follow the path which opens out into Hawthorn Road. At the end turn right leading back to the shops and starting point. | |

Church Walk

Meeting Point: Yaxley Library, PE7 3JL

Time: 1 hour

Grade: Green/Orange

Significant hazards to be aware of: Traffic, uneven surface



| Route Instructions | Hazard |
|---|---------------------------------------|
| 1. With your back to the library, at the raised platform, cross the road towards the shops. Walk through the shops and cross the road at the crossing. | Traffic, particular blind bend |
| 2. Bear left towards the Police Station then turn right into Queen Street. | |
| 3. At the end of the street, cross to the left and you will be at the back gate of Fourfields community school. | |
| 4. Walk through the gap in the fence, cross the road and walk towards the roundabout. | Uneven surface, traffic |
| 5. At the roundabout turn right in Daimler Avenue. | |
| 6. At the raised platform, cross the road and walk through the barriers keeping the stream on your right. | |
| 7. Continue walking straight taking care crossing the roads. | |
| 8. Well before reaching the traffic lights cross Brunel Road and continue on to cross the main road (London Road) at the pedestrian lights. Turn left and continue until you are opposite the 'No entry' road (Waterslade Road) | Traffic |
| 9. Carefully cross the road and turn left into Waterslade Road. At the end turn right and when safe cross the road and continue to the end. | |
| 10. At the junction turn left onto Main Street and follow until you reach Middletons Road (flower shop) bear left and follow all the way to the playing fields. | |
| 11. Cross the road and turn right at the entrance, follow the pathway through the playing fields back to the library. | |

Crown Lakes walk

Meeting Point: Crown Lakes Car Park, Farcet, PE7 3BA

Time: 60 mins

Grade: **Orange**

Significant hazards to be aware of: Waters edge, bridge over stream-
no handles Trees, holes, dogs



Route Instructions

Hazard

1. Starting from the car park, head into the park through the gates and go straight on.
2. Turn left at the dog poo bin following the path past the viewing station and through the gate.
3. Follow the path down the hill steps and then up the other side keep following the path as it bend around and then up more steps.
4. At the fork, head left still following the path (there is an option to cut back here for a shorter route).
5. Head straight on at the clearing to follow the path.
6. Turn right heading over two bridges- note the hazard here- steps leading down to the bridge.
7. Follow the path up the steps, turning left at the fork.
8. Turn left up the hill, turning left to follow path past green railed steps.
9. Take the low road to the right up the hill at the end.
10. Head past silver gate, follow path left until you reach the crown lakes gate and opens up into the car park.

Great Drove Walk

Meeting Point: Yaxley Library, PE7 3JL

Time: 1 hour

Grade: Orange

Significant hazards to be aware of: Traffic, Farm traffic, Uneven ground.



| Route Instructions | | Hazard |
|--------------------|--|--|
| 1. | With your back to the library, turn right and head down Landsdowne Road, crossing over all roads en route. | |
| 2. | Turn right at T-junction on to Windsor Road and follow until the end. | |
| 3. | Cross Main Street into Great Drove opposite | fast moving traffic |
| 4. | Walk along Great Drove to Broad Drove Railway Arch. Hazard – Vegetable Depot traffic & farm vehicles. This is the point at which the short (original) and the longer walks diverge. | |
| 5 Short | Continue along Great Drove. At the phone mast follow the road left. | Road surface, farm traffic |
| 6 Short | Continue along this road past 2 barns on your right until you reach Farcet Farms Ltd farm gate and drive on the right. This technically completes the original walk. However, if some of the group are completing the longer walk, the others can: a) Wait at farm gate. b) Walk up and down farm drive, if gate is open. c) Continue forward on the farm track to the barn ahead on left - Turn left in front of the barn and follow the track along the field edge (keeping drainage ditch on your left) in the direction of the hedge. At some point along here the 2 groups should meet. | Uneven ground, muddy if wet Oil seed rape |
| 7 Short | Turn around and retrace your steps back to the library. | |
| 5 Long | After railway bridge turn left along the railway embankment track. | |
| 6 Long | At fork in tracks, keep to the right of the telegraph pole and the hedge. If you go to the left alongside the drain, there is no exit later on. Follow the hedge line until you reach a gap in the hedge & field drain leading off to the right (currently stopped up with a hedge layered barrier). | |
| 7 Long | Turn right along the field edge, keeping the drainage ditch to your right. | Oil seed rape |
| 8 Long | You will reach a barn on your left and come to the farm track. | Uneven surface, muddy if wet, farm traffic. |
| 9 Long | Turn right, meet other group if you haven't already, follow road back to railway bridge and retrace steps back to library. | |

| Route Instructions | Hazard |
|---|----------------------|
| 1. From the library, cross Lansdowne Road and walk through the shopping centre. Cross the Broadway using the controlled pedestrian crossing and turn half left and right into Queen Street. | Road Crossing |
| 2. Walk to the end of Queen Street and turn left and right heading diagonally cross the small grass area. Take the path along the edge of the field on the right hand side of the Coop Store. Continue along the side of the drain beyond the end of the houses. | |
| 3. Once clear of the houses and a narrow field, turn left on an unmade path along the fenced edge of the flooded brick pit. This path may be slippery in winter or after rain. Follow the clear path along the hedge until it turns around the end of the pit and joins the main A15 road through a gap in the hedge. | Slippery Path |
| 4. Turn left and head south on the A15 back towards Yaxley. At Brunel Drive turn left into the drive and turn slightly to the right onto a broad footpath through the housing estate. Follow this path across Ferndale and Bentley Avenue. | |
| 5. At Daimler Avenue turn right towards the roundabout and walking past the Coop store. Retrace the outward path along Queen Street, cross the Broadway using the crossing and then back to the library. | Road crossing |

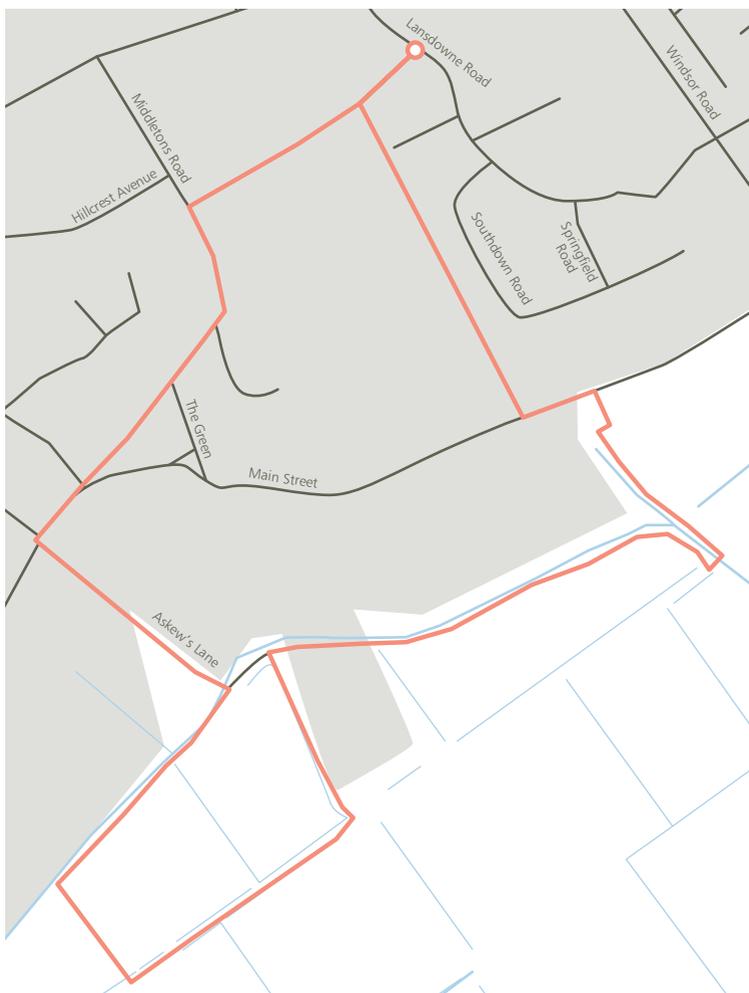
River Ramble

Meeting Point: Yaxley Library, PE7 3JL

Time: 50 Minutes

Grade: **Orange**

Significant hazards to be aware of: Uneven ground



Route Instructions

Hazard

1. Turn right from the library onto the path between the Yaxley Group Practice and the library. Follow it for a few yards then follow the path to the left between the playing fields and the houses. This takes you to Main Street.

2. At Main Street, turn left and walk for about 15 yards, cross the road at the footpath sign, enter the footpath between the field and the house on the right. **uneven ground, nettles**

3. Follow the path to the field keep going until you reach the bridge, cross and turn right following the path around the field.

4. Keep going as the path narrows behind a couple of houses which brings you out to a road. Turn right follow the road to a path. (Do not cross the bridge). This leads you to behind Yaxley F.C. grounds and allotments. Turn left between the allotments, follow to another road. **uneven ground, muddy if wet weather**

5. Turn left following the road for some distance before turning left between a field and houses. This leads back to the bridge which you cross this time and continue up Askews Lane.

6. At The top of Askews Lane turn right on Main Street and follow until you reach Middletons Road (Flower Shop) bear left and follow all the way to the playing fields where you cross the road and turn right at the entrance pathway through the playing fields. Follow this back to Library.

7. Short Version abridged leave out No.6
But change No.5 to read – Continue straight on following the road all the way back to the bridge in NO.3. Cross the bridge turn left follow the path back between the house and the field to Main Street. Turn left at Main Street and after about 15 yards cross and follow the signed footpath between house and School all the way up between the Playing Fields and houses then turn right at the top and return to Yaxley Library

8. A) At top of Askews Road cross Main Street and continue up Chapel Street. Turn right into Mountbatten Drive.
At the green space turn right and follow the footpath until reach Blenheim Way. Cross this road and continue down the hill to rejoin Middletons Road by the Flower Shop, etc.
B) At top of Askews Road turn right into Main Street. Continue to Community Centre and School on left. Cross the road to footpath and retrace step 1. back to Library.
C) At top of Askews Road turn right into Main Street. Continue and cross road when safe.
Turn left into Windsor Road, turn left into Landsdowne Road and continue back to the Library.

Route Instructions

Hazard

1. With your back to the Bell cross the main road, turn right then left and walk all the way up Church Street until you enter what appears to be the gravel drive to the white house.

2. Go through the kissing gate on the left of the house and head towards the second kissing gate on the top of the hill.

3. Head straight on through the field (almost diagonal.)

4. Go over the wooden bridge and go round the second field.

5. Head to the tree across the field and then to the gate.

6. Head through the kissing gate and down the hill through the large metal gate and towards the farm house.

7. Go through the wooden gate past the house and head towards the road (church ruin straight ahead.)

8. Turn left at the T junction of the road past the metal gate, following along the track between the trees.

9. At the footpath sign, turn left following it off the road and back to green field following along the hedge.

10. When you meet the metal gate on the right hand side, head over the wooden bridge and continue to another bridge, turn right when over it.

11. Continue on grassed track until it becomes a concrete road. Turn left (you are now parallel with the A1 to your right). Cross over the stile and follow the road back to the start point.
