

Go Zero Waste

The first steps to reducing your own waste impact is to complete an audit: you cannot reduce your impact, if you do not know what it is

A simple table will help. Every time you put something into a bin (general, recycling, compost etc) write down what it is and the quantity. You may want a different table for each bin, and make sure you capture all bins, including the ones in bathrooms and kid's rooms.

If you have children, get them involved too. They may be completely unaware of the impact they have.

Once you have a list of what you throw away on a regular basis, you can start to reduce it. Work with the waste hierarchy, starting with what you throw in the general waste, and seeing what you can refuse, reduce, reuse, repair or recycle instead.

There will undoubtedly be some items which you cannot change at the moment, don't be down on yourself for this, focus on what you can change and come back to the harder items later. Some of these items will be able to be replaced for alternatives, others will be just stopping buying somethings. The possibilities will be many and wide ranging, but if you need any help, please get in touch to explore the options.

Some quick wins:

- ♥ Refuse bags including produce bags – take reusable bags when shopping, including your own produce bags.
- ♥ Reduce – Think about buying items in bigger sizes to reduce the amount of packaging needed.
- ♥ Reuse – Find your local refill shop and reuse bottles, tubs and jars rather than choosing pre-packaged items
- ♥ Repair – If something is damaged, could it be repaired? Local repair cafés may be able to help if you do not have the expertise.
- ♥ Recycle – Do you know what can and cannot be recycled? Check out our [A-Z guide](#) (to make sure you know if it can or cannot be recycled at the kerbside. If it cannot, it may still be able to be recycled, through the Household Recycling Centres or collection points.



♥♻️ If in doubt, ask! ♻️♥